

Ricky Krautman Kicking Session Details:

A kicking/punting coaching session will **ALWAYS** last between 1.5 hours to 2 hours. **For session pricing** please contact me via phone or email. Field location is in North Jersey, but I will travel to different fields throughout the Tri-State Area for my clients. I train kickers and punters 7 days a week and I'm available morning, day, and night. Please contact me via email or phone for scheduling a session.

For each kicking session, I warm up and stretch fully with my clients. I teach them the correct way to do the kicking warm up routine and explain the importance of stretching on a daily basis. I go over the place kicking technique and we do fun drills that relate. **Technique** is everything when it comes to kicking and punting. I also teach my clients how to punt and do kickoffs as they improve with their placekicking. The **mental aspect** of kicking/punting is extremely important and I always address this vital component in each and every one of my sessions. Having **CONFIDENCE** and **TRUST** in your technique is **KEY!** Learning both the kicking and punting technique is vital to do because it will only make you look more versatile to HS coaches & more importantly to colleges for the future.

I am very patient and love what I do. I have a deep passion for helping kickers and punters be the best they can be both on and off the field.